







What are your contents worth?

Did you know? The average value of contents in a three bedroom family home is estimated at £55,000¹.

Go through every room - including the loft, garage, cellar and shed - and write down the cost to replace every item.

Kitchen 		The rest of the house 		Living room 	
Furniture	£	Cabinets and shelves	£	Sofas and chairs	£
Fridge freezer	£	Soft furnishings	£	Furniture	£
Oven	£	Phones	£	TV, computers and laptops	£
Washing machine	£	Tables	£	Stereos & speakers	£
Tumble dryer	£	MP3 players	£	Games consoles	£
Microwave	£	Handheld games consoles	£	DVDs, video games and books	£
Kettle and toaster	£	E-readers	£	Digital downloads inc. music	£
Coffee machine	£	Cameras	£	Carpets and curtains	£
Blender	£	Sat Navs	£	Soft furnishings	£
Pots, pans and utensils	£	Printers	£	Pictures and art	£
Pictures, mirrors, ornaments	£	Toys	£	Mirrors and ornaments	£
Other	£	Other	£	Other	£
Total	£	Total	£	Total	£

Bedrooms 		Dining room 		Outdoors 	
Furniture	£	Furniture	£	Patio set	£
TVs	£	Carpets and curtains	£	Gardening equipment	£
Shoes and clothes	£	Soft furnishings	£	Tools	£
Jewellery and watches	£	Pictures and art	£	Bikes	£
Carpets and curtains	£	Mirrors and ornaments	£	BBQ	£
Soft furnishings	£	Other	£	Other	£
Pictures and art	£	Total	£	Total	£
Mirrors and ornaments	£				
Accessories	£				
Other	£				



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¹<https://www.abi.org.uk/products-and-issues/choosing-the-right-insurance/home-insurance/>